

A socio-economical analysis of drug addiction by youths in India

S Ananda

Assistant Professor, Research Scholar, Dept of Sociology S .J. M Arts, Commerce, Science College Chitradurga, Karnataka, India

Abstract

The term 'Drug' now has been given a new opinions. It was used originally to means 'Medicine'. However, now-a-days, the term 'drug' means not only medicine, but also the fatal narcotics that include cocaine, heroin, brown sugar, and many other specifications. All these drugs have their evil effects on the mind and body cells of the addicts. The young generations, particularly teenagers, are the worst victims of evils of Drug Addiction. The addicts find it impossible to control the drug intake. Various forms: Drugs are taken in various forms. Some are taken through injection, some are smoked and some are chewed and swallowed. Drugs are sold in deserted houses, lonely places, hotels, parks, and street corners. Some youths has more desires about future life, job opportunities, exam results, friendship, & other achievements. If they success no problem, but if they failed from that achievements they became more frustration. Then they try to forget that situation but incapable to forget inevitability they take alcohol, smoking, drug. The senses functioning alternative work. Ex-I can see the music, I can hear the picture etc. He loosed his all power, if he did not take drug the body parts will vibrate. The central & state government provides suitable scientific education facilities to school & colleges. Today the education facilities use only for certificate & marks card. There are no any orientation messages or effective guidelines to youths about his present / future life. So we must provide effective teachings & syllabus system.

Keywords: cocaine, heroin, brown sugar, smoked, chewed, swallowed. I can see the music, I can hear the picture

Introduction

The term 'Drug' now has been given a new opinions. It was used originally to means 'Medicine'. Drugs are chemical substances that are medically prescribed to relieve pain, fight infection, and cure illness or to maintain good health. However, in common usage these substances are called medicines and the terms drugs implies to substances that are taken to change mood and perception, to increase pleasurable sensation and even as a means of escape from life problems temporarily.

We are sure that you must have heard about drugs like cocaine, marijuana [Ganja], hashish (brown sugar), LSD, heroin, etc. Since these drugs affect the central nervous system, they are called psychoactive drugs. They alter the physical and mental functions and debilitate the body.

However, now-a-days, the term 'drug' means not only medicine, but also the fatal narcotics that include cocaine, heroin, brown sugar, and many other specifications. All these drugs have their evil effects on the mind and body cells of the addicts. The young generations, particularly teenagers, are the worst victims of evils of Drug Addiction.

Meaning of Drug Addiction

Drug Addiction (also called substance use disorder) is a brain disease. The addict becomes dependent on the drug. The addict uses it, despite having full knowledge of its harmful effects on health. It is considered a brain disease because it changes the structure and functioning of the brain.



- There is an uncontrollable desire or craving to consume the drug.
- The addicts find it impossible to control the drug intake.
- In case of drug abuse, people start taking drugs in larger doses than the recommended doses.
- The addict is not able to discharge his day-to-day responsibilities in an efficient manner.
- It affects both the physical and mental health of the addict. Very often, addict witness extreme changes in body weight.
- Very often, the addict stops socializing.

- When a drug is taken for the first time, it stimulates the pleasure centers of the brain. It is for sake of pleasure that most users first get accustomed to it.

Sometimes, drug addiction is also referred to as drug dependency since the addict develops dependency or addiction for a particular drug.

Various forms

Drugs are taken in various forms. Some are taken through injection, some are smoked and some are chewed and swallowed. Drugs are sold in deserted houses, lonely places, hotels, parks, and street corners.



Findings of Drug Addiction among Youth

The reasons why a young person gets addicted to these harmful drugs are many. Some of them are:-

1. Curiosities, desire for pleasure,
2. Lack of self-confidence, lack of self-reliance that is inferiority complex,
3. Peer pressure, excessive stress, mental gap,
4. The addicts are mostly young school or college going boys and girls,
5. Some rich students spend their money to drug habit
6. They take drugs to forget pain, sorrow, insult, and to escape from reality

7. Some youth take drugs to overcome frustration in life.
8. Some children take to drugs whose parents often quarrel at home.
9. Movies & Mass Medias.
10. Westernization / Modernization / Industrialization
11. Stressful events such as physical, emotional, or sexual abuse
12. Poverty / Family back ground / lack of parental involvement in child's activities,
13. Mental health disorders such as depression, anxiety
14. Caste & Religion factors / social excommunication,
15. Lack of alternative facilities.



- 1. Curiosities, desire for pleasure**
Every human being has its own curiosity about new especially the youngsters has more curiosity about new concepts. But the youngsters has curiosity about negative concepts such as alcohol, gambling & drugs, & they expect more pleasure from that things. So they often thinking about pleasure & them success from the drugs.
- 2. Lack of self-confidence, lack of self-reliance that is inferiority complex**
The young generation suffer from inferiority, because they loosed his self-confidence & reliance about his future life. Lack of suitable guidelines about life goal to them. So they find alternative way for the forgetting the inferiority complex.

- 3. Peer pressure, excessive stress, mental gap**
Now-a-days the youngsters has more stress & pressure from school, colleges & working places. Because they living under the more control of the teachers, employees. Unnecessary they oppress on the youths. Automatically they has mental disorder or gap. When suffer from peace they take pleasure contents that is drug.
- 4. The addicts are mostly young school or college going boys and girls**
Majority Of the drug addiction find out among the schools & college girls & boys, because there is no any bonds to enjoyment like watching movie, picnic, tour, other activities. When they free then they take some pleasure items such as alcohol, drug.

5. Some rich students spend their money to drug habit

The rich family youngsters enjoyed in all facilities, they want expose money, in front of his friends, & they spend money like a water, he has smoking, drinking, gambling, along with drug with friends. Initially that is like a fashion day-by-day he became addict to that.

6. They take drugs to forget pain, sorrow, insult, and to escape from reality

Some youngsters has more heavy work, they take some portion of drug for the relief from body pain. Because ready to next day work, after some days that is became addict.



Other hand some youngsters loosed his parents, or due to so many reasons they suffer from sad incidents then they take drug for come out from sorrow or insult.

7. Some youth take drugs to overcome frustration in life

Some youths has more desires about future life, job opportunities, exam results, friendship, & other achievements. If they success no problem, but if they failed from that achievements they became more frustration. Then they try to forget that situation but incapable to forget inevitability they take alcohol, smoking, drug.



8. Some children take to drugs whose parents often quarrel at home

The negligence of parents is support to drug addict. Every day the youngsters watch the behaviour of his dad & mum, they always busy in quarrels, there is no responsible about his son & daughter. Those who suffer from love & affectionate of parents they find happiness in another source. Then the drug temporarily provides all happiness.

9. Movies & Mass Medias

Now-a-days the youngsters as a fellow to different actor. The movie express the more exclusive moments of illegal activities. The youths influenced by the sensational activities like smoking, drinking, gambling, smuggling, drug addict. The mass-media also telecast the drug addict person but not publicity of evil effects of the drug addiction.

10. Westernization / Modernization / Industrialization

These are land of opportunities. It is provide different opportunities to youths. Industry invite the unemployed youths for job. That is provide sufficient gain & pain. The pain relief form modern contents & the fashion life borrowed from western along with activities also. The youths moving in the direction of western culture.

11. Stressful events such as physical, emotional, or sexual abuse

The human society has its own structure & function. But some time which are become variation, unexpected

incidents occur in our society like sexual abuse of girl, & the vested interests abused the youths. But they incapable for the escape from that situations, inevitability who are committed to smoking, drugs.

12. Poverty / Family back ground / lack of parental involvement in child's activities

So many families suffer from poverty. The suffered youths find out the life leading way, such as selling of tobacco, brown sugar, who not only a seller also addicts. But the parents not observe the youth activities. Because they got some part of money from that business for the leading of life.

13. Mental health disorders such as depression, anxiety

Majority of youths suffer from depression & anxiety because there is no particular aim, objective, achievable desires to them. They have infirm mind about future life. They incapable to take suitable decision about his life. Then the youth relievable things, such as smoking, & drug, drinking.

14. Caste & Religion factors / social excommunication

Drinking, smoking is common in some cases, some religious festivals, function, rituals practiced under these items. So the youths take drugs also. But bad luck that is one of the curse of religion. Other hand some families or youths excommunication by the society due to some reasons. They also committed to addicts.



15. Lack of alternative facilities

The society provide traditional recreation facilities to youths, But there is no suitable suggestions to relief from youths problems, who still suffer from so many tensions,

stress, anxiety, depression etc.. But no alternative treatments, directions, facilities. So the youths selected the illegal activities.



Evil Effects of Drug Addiction

1. Mental & Physical Imbalance
2. Family Disorganization
3. Social disorganization
4. Obstacle to Economic development
5. Support to anti-social activities
6. Support to incurable deceases
7. Obstacle to National Integration
8. Loosed job opportunities
9. Loosed his/her Moral life
10. Loss of Money & dignity
11. Obstacle to Development of Personality
12. Imbalance in future life of youths
13. Like an epidemic to others.
14. Burden to Government
15. Headache to officers & administrators

1. Mental & Physical Imbalance

The Drug has narcotic contents. It will some time create extraordinary feelings, another time create alternative feelings.

Because there is no control capacity of firm feelings or behavior. The senses functioning alternative work. Ex-I can see the music, I can hear the picture etc..He loosed his all power, if he did not take drug the body parts will vibrate.

2. Family Disorganization

The drug effect will touch to his family relationship. The drug addict unnecessary create conflict in family with parents or wife/husband. Day-by-day the family members kick out from house or parents went out for away from addict. Impact remaining family members also became care of foot path.

3. Social disorganization

The society expected good behavior from human beings. Sometime the human beings has bull behavior, especially the drug addict create nuisance in street or public places. Automatically the addict person neglected by publics, & he became alone or the position create gap between society & addict.



4. Obstacle to Economic development

The youngster working in industry & gaining a more money but he spend money to drug, gambling, other activities. After some days loosed his job became unemployed. But he cannot far away from drug. Because that is as a part of his life. So he suffered from development way.

5. Support to anti-social activities

When he became unemployed then automatically he committed to illegal activities for the leading of life or getting a drug. Like stolen, robbery, smuggling, kidnapping, cheating to other etc. if one time commit to work there is no way for the escape from anti-social activities.

6. Support to incurable deceases

The drug if prescribed by the doctor as a medicine dose. Otherwise that is mental decease, the drug addict surrender to brain disorder, nerves weakness, loosed his hungry power, breathing problem etc. So the drug addict creates very dangerous & incurable deceases.

7. Obstacle to National Integration

Youths are future citizens of nation they are architecture of nation building. But unnecessary the strength of youths loosed

in illegal activities like these addicts. So the national integration will day-by-day decreasing, we are living under the peaceful national atmosphere, if the youths select addict ways the national atmosphere will destroy in suddenly, So we take serious action about control of addiction.

8. Loosed job opportunities

Those who are addicted to drug they loosed their job & also opportunities, because his senses & body parts are not controlled. He has imbalance activities & he cannot complete the work in office or any work at working place. Automatically the employer terminate him from job, next he can't expect any type of working job in his society.

9. Loss of Money & dignity

Every individual living in society for the dignity & money. An individual expect respectable dignity, & he earning money under the respectable way. But the youths earning money under the illegal activities & he spend more money for the illegal activities. The youngster spends whole earning for the drug, smoking, drinking, other activities, what about his dependents, parents, and son & daughters position. Day-by-day his family come to street for the begging for leading life then what about his dignity?



10. Obstacle to Development of Personality

The society or world has more achieved contributions, inventions, discoveries, explanations, explorations, in all field. Today we are living under the scientific contents, facilities, communications, transportation, & all gifts comes from the youths. Every human being has its own talent in his own way, the skill will always support to development of country or society. But today the young man spend his whole life in smoking, drinking, drug & other activities,

The society expect a good contributions from youths, but who are moving under the waste way. So many soldiers, artists, engineers, doctors, farmers, leaders, social reformers, planners, are among the youths, but the all contributions of the youths swallowed by the addictions.

11. Imbalance future life of youths

The world more opportunities to us, if we use the opportunities in good way that is support to development otherwise we will

destroy. But the youths don't know anything about future life. There is no particular decision about future life. Because they loosed all hopes in his life under the drug or other narcotics.

12. Like an epidemic to others

"Man become man among men only" Man is social animal, he cannot living alone. But he selected anti-social activities how he becomes a good human being? The drug addict can't living alone he attracted friends, neighbors, colleagues, comrades, they are also take part in addicted activities. This is like epidemic decease transport from one person to another.

13. Burden to Government

The government services unnecessary waste in improvement of rural poor, youths, unemployed, peoples. One side the government services effectively success, at the same time arise the some problems like drug, smuggling, robbery, stolen, drinking, so and so... The governments introduce so many programs for controlling the some problems, unnecessary these are spoiled the so many expenses of national economy.

14. Headache to officers & administrators

The problem create controversy among the officials because the top level officer enforced by politicians, leaders or reformers, impact he is forced on lower officers for the controlling the problem. But the youths cannot understand about that problem.



The Media often exclusively telecast the incidents in channel. Other hand the government spent large size amount for the eradication of problems but the task did not reach the goal.

Remedies for the Control of Drug Addiction

1. Provide suitable education
2. Create awareness about evil effects of Drug
3. Provision of basic socialization
4. Decrease of Stressful activities
5. Create Healthful atmosphere
6. Introduce Drug abuse prevention program
7. The role of parents & teachers
8. Provide alternative recreation facilities
9. Campaigns & Vigilance
10. Control of selling & smuggling of drugs
11. The role of Mass Medias & NGO
12. Effective legislations
13. Treatment & counseling

1. Provide suitable education

The central & state government provide suitable scientific education facilities to school & colleges. Today the education facilities use only for certificate & marks card.

There are no any orientation messages or effective guidelines to youths about his present / future life. So we must provide effective teachings & syllabus system.



2. Create awareness about evil effects of Drug

We must create awareness among the youths. The black role of drug addiction in life, its effects, deceases, insults, loss of morality. & other demerits must teach to youths. Counseling them through the giving a teachings, suggestions, examples.

3. Provision of basic socialization

The family members, parents, sisters, brothers, should provide healthful atmosphere to youths. They must provide freedom facilities, love, friendship, and atmosphere. The parents giving a importance to youths opinions, expressions, participations. They must create familiar, closeness, with family members.

4. Decrease of Stressful activities

The parents, teachers, neighbors, should support to youths. We must provide freedom opportunities. We must support to youths about selection of future life goals under the accepted way. Do not stress on youths about selection of future way or goal. We must support to positive decisions.

5. Create Healthful atmosphere

The parents must avoid quarrels, conflicts, in front of youths. We must create group feelings, we feeling, unity, oneness among the youths. Support to broad sense & thinking to society, nation, and development of personality. So then we will avoid some portion of anti-social activities.

6. Introduce Drug abuse prevention program

The Government, society, must introduce the new social development programs. They must provide free self-help employment training, guiding, facilities. Totally we must provide what he expected that facilities to them.

7. The role of parents & teachers

The parent's role is very important in control of drug addiction. Who take care about his youth, & keen observe the behavior, thoughts, feelings, & support to good opinions, expressions. The parents should avoid separate situation, or loneliness of youths. We must take action about participation or joining with us. The

teachers also create stress less atmosphere in class rooms, avoid gap between teacher & students. The teacher must support to youths seminars, discussions, opinions, workshops, picnics, tours, survey & other skill works



& teach to them about problems, national integration, unity feelings, & must avoid discrimination or partiality among the students.

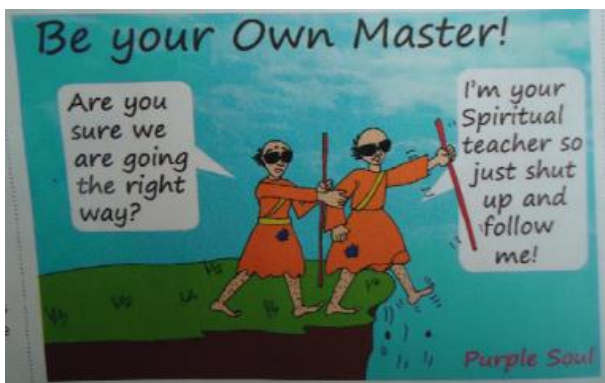


8. Provide alternative recreation facilities

The society, school, colleges, universities, government should provide alternative recreation facilities to youths & students, like musical instruments, carom board, athletics, meetings, college functions, singing in chorus, drama, skits, traditional dances, sports & competitions, skill games other facilities is need to them.

9. Campaigns & Vigilance

The schools, colleges, NGO, & government should arrange the anti-drug campaigns on public places, arrange the functions, meetings, discussions forums for the publicity of evil effects of drugs. We must create vigilance or awareness about anti-social activities. We must attract to youths through the new programs like group dances, slogans, street skits, short stories, charts, stick bills, wall writings, short videos, We must take oath from youths about avoid the anti-social activities.



12. Effective legislations

All social problems are not solve from the government legislations, But sometime which is essential in our society. The society accepted qualitative changes but some time the change comes from the out of legislations, another time compulsory the changes comes from the legislations only. So we must set forth the effective legislations not passive legislations, for the change of the society through the control or removing of the social problems.

Those who are support directly or indirectly to drug abuse, selling, smuggling, or other illegal activities who are must be punished. More penalty or imprisonment punishment is need. Those who are taking part in anti-social activities them also

10. Control of selling & smuggling of drugs

The government should take serious action about controlling of anti-social activities like drug selling, purchasing, smuggling. This is not only a government program the public must participate with officers, squads, police, and other prevention securities.

11. The role of Mass Medias & NGO

The role of mass – media is very important in control of drug addiction. Mass – media should telecast the evil effects of drug, often they must telecast life opportunities, slogans, self-employment training facilities, financial helps, other programs to youths. The NGO must arrange the self-employment training facilities, financial helps, and appointment voluntaries for the publicity of development programs.



guilty. Parents, brokers, totally merciless punish by legislations.

13. Treatment & counseling

Treatment of the drug-addicts can be done through different medical process. When a patient is made to give up his addiction, he suffers from several physical troubles. If he is treated through the method of detoxification by a gradual process he regains his normalcy gradually. When detoxification is completed, psychiatric treatment of the patient is to be started.

Attempts are made to release the need for the drugs from the mind of the addict. Most people get better results if they include yoga, meditation and hypnotherapy as part of their treatment procedure.



Conclusions

The drug addiction is one the burning issue, 7 youths addict out of 10 in India. So we all are responsible to control of anti-social activities. We must extend hand to control programs. Under that some of them are

1. Rehabilitation of the young drug-addicts is a major social problem.
2. The need of raising the level of consciousness of self through proper education has been suggested as a proper step.
3. Those who thus become able to overcome their addiction can tutor other young addicts.
4. The need of forming a healthy environment where the needs of these youth can be met is equally important.
5. The trading of harmful drugs such as cocoa, opium, etc. should be properly controlled.
6. International projects should be taken to prohibit manufacturing of such harmful Drugs, Prevention.
7. Drug addiction among youth can be prevented if the youth are taught of its harmful consequences. If the young people are aware of the harmful effects of drug abuse, they would avoid drug abuse at the first instance. Hence, drug abuse preventive program,
8. If implemented effectively at schools and colleges, can become the most successful method to reduce and alleviate the problem of Drug addiction among youth.
9. The members of his family should be advised how to behave with the patient. In fact the help and co-operation of the same elements of the society is essential for the rehabilitation of the drug addicts in society.
10. They should take the effective oaths of uniting for a drug-free world.

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